## **GOOD PRACTICES FOR THE RESPONSIBLE TRAVELLER**

## Welcome to our home.

Come and discover our spa town at your leisure, amidst sea and mountain. Enjoy walking around Catalan Art Nouveau houses and the great Picasso with a visit to the Fundació Palau. *Thank you for helping us preserve the authenticity of Caldes d'Estrac.* 



Share in our peaceful way of life.



Switch off the lights, turn off the tap and limit your use of electrical appliances.



Respect your neighbours' peace and quiet.



Enjoy Can Muntanyà Park and the town but leave nothing behind.



Walk or cycle, and use the bus and train.



Shop at the local stores, municipal market, and street market on Friday morning.



Try our cuisine with local ingredients.



Talk to your host to get the most out of your visit.



Separate your waste.



The Blue Flag beaches are a natural area that must be respected.

## **TOURIST INFORMATION**

Caldes d'Estrac Tourist Office La Riera, 54 Telephone: 937 910 588 E-mall: turisme@caldetes.cat Web: www.caldetes.cat/Turisme



## TELEPHONES AND ADDRESSES

112 for 24-hour emergency services, all year round. Local police: 93 791 21 21. Emergencies: 629 359 359 061, 24-hour health service, all year round. Mataró Hospital: Crta. de Cirera, 230, 08304 Mataró. 24-hour emergency service.









